



Peace Lutheran Ministries

Lunch Menu October 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Chicken Nuggets Buttered Noodles Peas Broccoli & Cauliflower Fruit Cup Cake	2 Chicken Taco's Black Beans w/ Rice Peaches	3 French Toast Sticks Pork Sausage Potato Wedges Fruitables Juice Mixed Fruit	4 Cheese Pizza Cottage Cheese Carrots & Celery Fruit Slushy	5
6	7 Manicotti Green Beans Garlic Toast Peaches	8 Pizza Dunkers Corn Salad Orange Wedges	9 Pancakes Hash browns Pineapple Cookie	10 Sloppy Joes Baked Beans Chips Pickle Celery Sticks & Dip Apples	11 Quesdilla Red Peppers Grapes	12
13	14 Hamburger French Fries Baked Beans Carrot Sticks & Dip Oranges	15 Pepperoni Pizza Green Beans Strawberry Cup Brownie	16 Spaghetti & Meatsauce Steamed Broccoli Cauliflower & Dip Mixed Fruit Raspberry Sherbet	17 Blueberry Pancakes Sausage Links Hash brown Patty Applesauce	18 Teriyaki Chicken Brown Rice Carrots Broccoli & Dip Pear Slices Wheat Roll	19
20	21 Beef Taco's Refried Beans Carrot Sticks & Dip Fruit Parfait	22 Pizza Dunkers Carrots & Celery Peaches Berry Cup	23 French Toast Ham Potato Rounds Applesauce	24 	25 	26
27	28 Hot Dog Mac-n-Cheese Green Beans Celery Fruit Surprise	29 Chicken Alfredo Steamed Broccoli Garlic Breadstick Sliced Apples Cookie	30 Pancakes Sausage Hashbrowns Mandarin Oranges	31 Cheeseburger French Fries Baked Beans Pickles Grapes Halloween Surprise		
<p>Choice of milk provided with each lunch.</p> <p>Condiments will be available for appropriate meals.</p> <p>Fruit Choices may change as we will use our fresh fruit when available</p> <p>Items may contain Soy, Beef, Pork, Turkey, Peanut Oil or Tree Nuts</p> <p>This institution is an equal opportunity provider</p>						